MOMMY'S TIME OUT

Lakewood Ranch Mom's Group, Inc.

The official newsletter of the Lakewood Ranch Moms Group, written by, for, and about moms living in the Lakewood Ranch community.



April 2015

Positions for 2015-2016

Only one spot left!! Let Kristen Raniere know if you are interested in the Newsletter Editor position. We utilize Microsoft Publisher currently, but this can be changed. Templates have been created to make this as seamless as possible. Don't have experience in Publisher? No worries, I will show you the ropes. For more information please inquire at lwrmgnewsletter@yahoo.com.

Still Available:

- Newsletter Editor: compile our newsletter each month. You will also have one to two helpers to assist you with coming up with content.
- Newsletter Committee: one to two volunteers to assist the newsletter editor with content. You may be asked to find members or people in the community who could write articles, or to perhaps collect recipes, etc.

A HUGE thank you to all the ladies that are volunteering for the 2015-2016 year!!



Contact Us

President: Victoria C.

lwrmgpresident@yahoo.com

Administrative VP: Jill. B.

lwrmgvp@yahoo.com

Membership VP: Jenn. O.

lwrmgmembership@yahoo.com

Treasurer: Jennifer K.

lwrmgtreasurer@yahoo.com

Kids Outings: Rebecca M. & Colleen H.

lwrmgkidsoutings@yahoo.com

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lwrmgmomsnightout@yahoo.com

Welcome Coordinator: Deborah H.

lwrmgwelcomecoordinator@yahoo.com

Public Relations/First Friday: Candice C. & Sarah Z.

lwrmgpublicrelations@yahoo.com

Playgroup Coordinator: Julie H. & Ishani K.

lwrmgplaydates@yahoo.com

Sunshine Meals: Katie B.

lwrmgsunshinemeals@yahoo.com

Community Service: Julie R.

lwrmgcommunityservice@yahoo.com

Newsletter Editor: Kristen R.

lwrmgnewsletter@yahoo.com

School Ambassador: Valerie D.

Lwrmgschoolambassador@yahoo.com

A Message from Our President

We are in the full swing of spring now! I don't think we have ever had such a busy weekend line up for the Moms group before! Between the spring fling, family fitness classes and an early celebration for Mother's Day, this month is shaping up to be a busy one for our families! I think it might even go down inthe record books as the most active weekend calendar we have ever had! After last month's meeting. there was talk to revive the luau. Tracie, Jill and I will be working on finding out how to best do this. Our goal is to have the party before school lets out and summer vacation seasonis upon us. Although there will not be a monthly meeting this month, I will post to the Facebook page when we get together to plan this event if anyone is interested in helping out. It will require a little extra effort as this is one of our parties with a fee to attend. I would definitely appreciate any assistance on finding sponsors to help offset the cost of the party.

Age Appropriate Art - Music - Gymnastics & Sports
Call to schedule your free trial class today!

We offer classes for kids as young as 3 months up to 6 years old

www.PlayAwayKids.com

10% off any class or party with this ad.

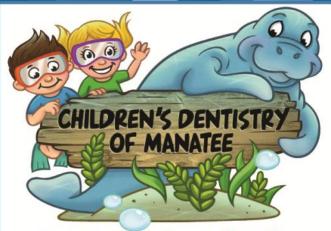
Can't be combined with any other offer





Comic Sense Mom

Does any other mom put earphones on and pretend to be listening to music just so they don't have to solve the constant, "I need you MOM!!" issues.



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Kids love our newly themed office!

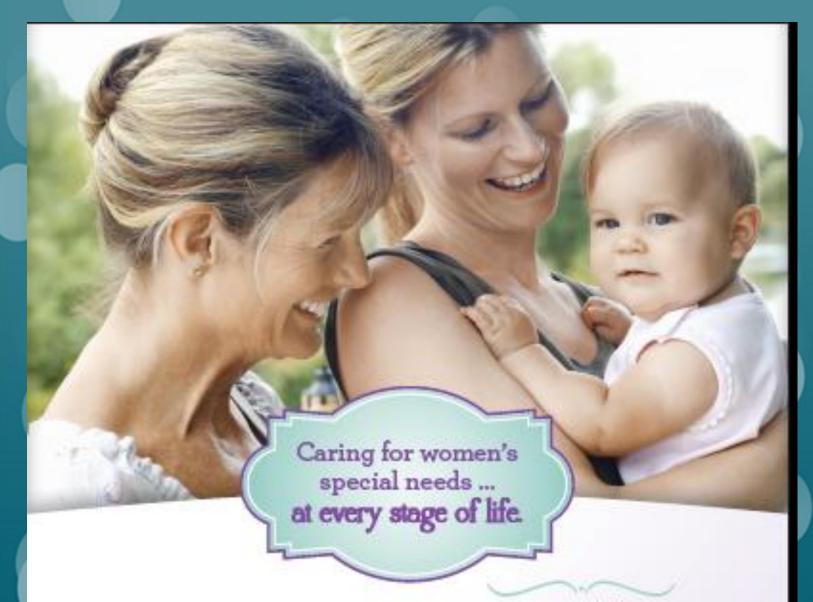












The Women and Children's Center at Lakewood Ranch Medical Center provides the comprehensive medical services women need, whether it's gynecology and urology; advanced 3-D mammography, or obstetrics, labor and delivery.

Women's services at the Center Include large, private LDRP suites (labor, delivery, recovery, postpartum); operating rooms; exam/triage rooms and medical/ surgical beds.

The Pediatric Unit provides skilled care for children from physicians and specially trained nurses; specious family-style suites; and a healthcare team certified in Pediatric Advanced Life Support (PALS).

At the Breast Health Center, 3-D mammograms allow physicians to examine breast tissue one layer. at a time, giving them increased ability to detect very small cancers during the first screening.



For more information or to schedule a tour, please call 941.782.2329.

At the Women & Children's Center caring professionals treat each patient with dignity and compassion, providing the care women and children need for a lifetime of good health.



women & children's center AT LAKEWOOD RANCH MEDICAL CENTER

> 8330 Lakewood Ranch Boulevard Bradenton, FL 34202 www.lakewoodran.drmedical.center.com

> > Connect with us/



salon & day spa

Proud sponsor of Lakewood Ranch Moms Group, Inc.

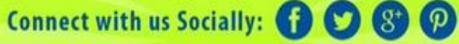
Let Your Children Be Pampered!

- Haircuts & Styles
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www.LilDivasAndDudes.com



Lakewood Ranch Baptist Summer Camp 2015

Summer Camp Lineup For Ages 2 to Completed 2nd grade

June 15-18 Deep Blue Sea

June 22–25 Stars and Stripes

July 6–9 Wild West

July 13-16 Safari Adventure

July 20–23 Pirates and Princesses

July 27–30 Music, Arts and Drama

One week M.A.D. (Music, Arts and Drama)
For

Grades completed 3rd to completed 5th

July 27-31 9am to 1pm

\$100 (-\$15 for siblings)

only 50 spots available

For more information on MAD camp Contact Jessica Stack at Jessica@lwrbaptist.com Or call the church at 941.257.4431

Summer Camp
Monday - Thursday
9am to 1pm
\$85 per week for all age groups
\$30 Registration fee
Contact Connie for more information on registration
connie@lwrbaptist.com 941.552.1304



FOUR QUESTIONS TO ASK ABOUT YOUR PORTFOLIO

Today's market presents challenges – such as rising interest rates – when evaluating income-producing investments. Ask yourself these four questions as they pertain to your income-producing securities:

- 1. What role do they play in my portfolio?
- 2. What will happen if interest rates rise?
- 3. What other risk exposure do I have?
- 4. What action should I take?

We have the tools, resources and expertise to help you make informed decisions and adjust appropriately, given risks in today's market.

Call us today for help assessing whether you are well positioned for any scenario.

RAYMOND JAMES®

John A. Freeman

Associate Vice President - Investments

941-907-0168

8120 Lakewood Main St. Suite 201

Lakewood Ranch, FL 34202

Investing involves risk and you may incur a profit or a loss. The value of fixed income securities fluctuates and investors may receive more or less than their original investments if sold prior to maturity. Bonds are subject to price change and availability. ©2013 Raymond James & Associates, Inc., member New York Stock Exchange/SIPC. Raymond James® is a registered trademark of Raymond James Financial, Inc. 13-BDMKT-1219 EK 7/13

If you have a younger teen who may be interested in working as a summer camp counselor, both the YMCA and Manatee County Parks offer junior counseling camps. Publix Aprons Cooking School in Sarasota (University location) holds 3-day teen camps starting in June.

To check specific information on all of these camps/orginazations/activities, please see the full list with contact and/ or website info. below. Manasota Kids (http://www.manasotakids.com/) and Mommy Magazine are always great references for things to do in the area. Also, Mixon Farms is hosting a summer camp expo This month (see inset). And, of course, feel free to consult the many knowledgeable Moms in the group with any questions!

Under 3:

Forty Carrots 941.365.7716 or forty<u>carrots.com</u>
Manatee County Public Library <u>mymanatee.org/library</u>
PlayAway 941.755.1070 or <u>playawaykids.com</u>
Sarasota Children's Garden 941.330.1711 or <u>sarasotachildrensgarden.com</u>
Sarasota Public Library <u>sclibs.net/</u>
Time 4 Tikes 941.812.6897 or time4tikes.com

Preschool:

All God's Children 941.739.2776 or livinglordfl.org/preschool.php
Little Ranchers 941.552.1304 or lwrbaptist.com/little-ranchers
Sprouts 941.907.7333 or connect.welcometoharvest.org/sprouts-child-development-center

Mote Aquarium Mommy and Me <u>mote.org/education</u> PlayAway (see above) Woodland Community Church 941.753.8588 or <u>woodlandministries.com</u>

School Age/Teens:

Acrofit Gymnastics 941.923.2100 or acrofitgymnastics-sarasota.com
Art Center Sarasota Creative Kids 941.365.2032 or artsarasota.org
Arts Ablaze 941.306.5840 or artsablazestudio.com
CapoKids 941.922.4520 or capokids.com
Circus Arts Conservatory 941.355.9335 or circusarts.org
(The) Cookie Cottage 941.552.6914 or thecookiecottageflorida.com

Drama Kids 941.922.8121 or drama kids.com/fl1/
Ellenton Ice Rink 941.723.3663 or ellentonice.com

Jump Dance Academy 941.747.8900 jumpdancecompany.com/summerprograms

LWR Athletic Center Tennis/Sports Camp 941.907.2825

Manatee County Parks 941.742.5923 or my manatee.org/parks

Publix Aprons Cooking School-Sarasota 941.358.7781 or Publix.com/cookingschools

Reflex Arts Dance and Yoga 941.359.9642 or reflexarts.com

Strike Zone 941.758.9663 or thezonecomplex.com/strike-zone/

YMCA manateeymca.org

True Blue Farm 941.227.3854 or truebluefarm.com/



Mother's Appreciation Brunch

You Are Cordially Invited

Please join us to celebrate all of the wonderful Moms that are part of the Lakewood Ranch Mom's Group.

> Sunday April 26th 10:30am

at
Polo Grill at Lakewood Ranch

Enjoy a Bountiful Brunch Buffet Mimosa Bar Bloody Mary Bar Organic Raw Juice Bar

\$35 per person

Further information available on the LWR Mom's Group Facebook Page







10670 Boardwalk Loop | Lakewood Ranch | Florida



I know how often I took you for granted when I was growing up.
I always assumed you'd be there when I needed you...
and you always were.



But I never really thought about what that meant till I got older and began to realize how often your time and energy were devoted to me. so now, for all the times I didn't say it before, thank you, Mom...I love you so very much!

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Little Ranchers

Learning Center of Lakewood Ranch Baptist Church

Little Ranchers Learning Center is a part-time christian preschool focused on loving children and their families.

We provide a warm nurturing environment for children ages 18 months to 5 years.

Our program is developmentally appropriate to meet the needs of every child.

Please call or email Connie for more information or to schedule a tour: 940.552.1304 // connie@lwrbaptist.com

mom's night out

Mi Pueblo Restaurante

When: Thursday, March 26th

Time: 6:30pm

Where: Mi Pueblo Restaurante

Please view our Facebook page for more details.



<u>A warm welcome</u> to our newest members!

Lyndsay Soto
Lindsay Turner
Corinne Drohan
Tracie McHugh
Melissa Estep
Elizabeth Sieracki
Zsofia Lorincz
Teresa Pelayo

Please be sure to visit our website and Facebook Page for lots of fun events!

If you are interested in joining the Lakewood Ranch Mom's group, visit our website at:

Iwrmomsgroup.com and complete the Become a Member form.

New members are always welcome!



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*COOKIE CAMPS

*COOKIE DECORATING PARTIES

*GIRL SCOUT BADGE CLASSES

*BIRTHDAY PARTY PACKAGES

Logo and Photo Cookies!



Book Club for Kids at Lakewood Ranch Town Hall.

Each month a different mom will be the storyteller and create a craft that coincides with the story that they would like to share.

Please visit our Facebook for further information.





Join the Fun!

Looking to be part of a fantastic group of Moms in Lakewood Ranch?

Visit our website at:

www.lwrmomsgroup.com

and start making friends and having fun!













VPK Registration Begins March 26th!!

To register online visit: https://vpk.earlylearningcoalitionsarasota.org
For assistance please call the Early Learning Coalition at: 941-556-1600 ext 125 or 113

Braden River Elementary

April 1st- 3rd No School

April 10th- Early Release @ 12:30pm

April 18th- All star Gold tournament

April 22nd- PTO earth Day event 8:30am

Gullett Elementary

4/27-5/1: Scholastic Book Fair

McNeal Elementary

April 1st-3rd – Spring Break NO SCHOOL

April 6th 17th – Testing

April 30th- Kindergarten Round- up 4-6pm

Wakeland Elementary

April 1st- 3rd – Spring Break NO SCHOOL

April 2nd-22nd- Online book fair

April 9th – 3rd Quarter Conference night

April 9th- 5th Grade Exhibition night

April 10th- Parents volunteer morning 8:30-10:00am

April 10th- 5th Grade Awards 8:50am-9:15am

April 13th- 1st Grade Awards 8:50am-9:20am

April 13th- Kindergarten Awards 10-10:30am

April 14th- 4th Grade Awards 8:50am-9:20am

April 14th Pre-K Awards 9:50-10:20am

April 15th- 2nd Grade Awards 8:50am-9:20am

April 15th- 3rd Awards 9:50-10:20am

April 23rd- PTO Dinner 5-6pm

April 23rd PTO Meeting 6:30-7pm

April 23rd SAC Meeting 7:15-8:15pm

Willis Elementary

April 1st-3rd- No School SPRING BREAK

April 8th- Dress Down day \$2

April 8th- Runners Club 7:30-8am

April 9th- Kindergarten round-up 9am-12pm & 3:30-5:30pm

April 10th- Early Release @ 12:30pm

April 15th- Runners Club 7:30-8am

April 20th -21st FCAT testing 6th grade reading

April 22nd- Runners Club 7:30-8am

April 27th – 30th FSA Testing

April 27th- SAC meeting @ 6pm

April 29th- Runners Club 7:30-8am

April 29th- Jumpin Fun (4th and 5th grade) 6-9pm

Witt Elementary

April 1st-3rd – No School Spring Break

April 9th- Kindergarten Registration 4-6pm

April 10th – Early Release @ 12:30pm

Nolan Middle School

April 1st- 3rd- No School Spring Break

April 8th- Early Release @ 12:30

April 13th-30th- FSA Testing

April 27th- SAC/PTO Meeting 4-5:30pm

Rowlett Academy of Arts and Communication

April 7th- RFA/SAC 6pm

April 9th- Report Card Conference 4-7pm

April 10th- Early Release @ 12:30pm

Imagine School of Lakewood Ranch

April 1st - 3rd – School Closed Spring Break April 10th- Elementary Early Release

Center Montessori

April 1st- 3rd- No School

April 8th- Chorus Musical @ 7pm

April 15th- School wide portraits

April 13-16th- Elementary and level 3 SAT testing

Classical Academy of Sarasota

April 3rd- No School

Out Of Doors Academy Lower School

April 1st- Mote Field Trip 2nd grade

April 6th- Caring kids Club 3:30-4:30

April 7th- April 10th Spring Break

April 17th- Mote field Trip 1st grade

April 17th- Sleepytime Story time 2:30-3:15pm

April 20th- Caring kids Club 3:30-4:30pm

April 21st- Intramural Softball 3:30-4:30pm

April 22nd- 23rd Book Fair

April 24th Mote Field Trip Kindergarten

April 24th- 3rd Grade Field Trip

April 28th - Book Chat 8:15am

April 30th – 4/5 Field Trip 9-11am

April 30th- Kindergarten field trip 9am-2pm

Out of Doors Academy Middle and High School

April 1st- Taylor Emmons Baseball Tournament

April 1st- Blood Drive 9am-2:30pm

April 2nd-10th – Spring Break

April 17th- Senior Grad Bash 4pm April 18th- ALSO Youth Alternative Prom 4-10pm

April 25th- Prom

Tabernacle School

April 3rd- 6th- No School

April 7th-10th – Book Fair

April 14th-17th- 7th Grade Trip

April 22nd- Mid term

April 24th- 5th Grade Bush Gardens Trip

April 27th-30th – Scholastic Testing

Goddard

April 1st-6th Book Fair

April 3rd- No School

April 13th-17th – Week of the young child

April 6th- May 1st- Preschool Conferences

Mini Mustangs at Lakewood Ranch High School

March 26th- Early Release @11:30am

Kids R Kids

March 6th- Parent Night out

March 27th-31st- No School No VPK

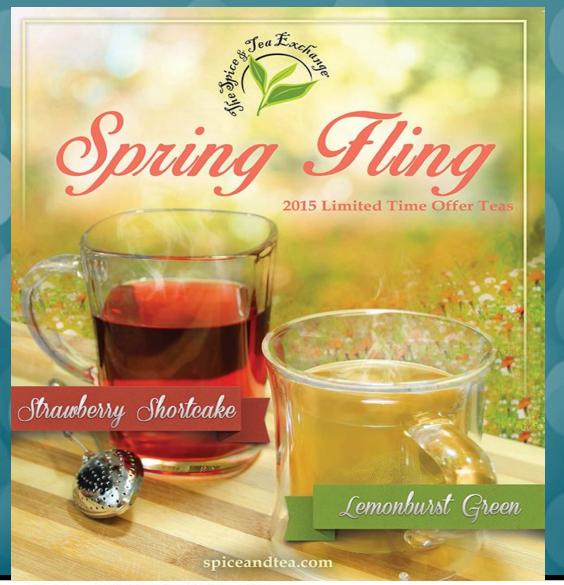
Woodlands

Every Tuesday morning: Playgroup from 9:00AM-12:00PM – activities for infants to 4yos

October 31st: Fall Festival open to the public from 6:30PM-9:00PM; learn more at www.gowoodland.com

*If a school you are interested in is not shown, but you think it should be included in our school happenings section, please email the School Ambassador so she can include it next month: lwrmgschoolambassa-

dor@yahoo.com



How To Brew The Perfect Cup of Tea

Water

If your water tastes funny, so will your tea. Use a simple carbon filter water pitcher to remove the extra mineral and any contaminants like chlorine.

Weight

Most teas have the ratio of one teaspoon per 8 ounce cup. Some teas, particularly herbal teas, require more.

Temperature

Black, dark oolong and herbal teas need hotter water, between 190 and 212F.

Use cooler water for green, green oolong and white teas so as not to "burn" the flavor and cause the tea to be bitter.

Time

Herbal teas can take up to 7 minutes to brew, black and oolong teas take between 3-5 minutes. You only a couple minutes for a light oolong, white or green tea to brew to perfection.

Equipment

Tea leaves can unfurl up to 5 times their dry size, so make sure you give the tea leaves room. Some brew baskets may not give them ample room. Use the biggest basket your mug allows for.



Lakewood Ranch Moms Group, Inc. - Advertise with Us!

Hello, and thank you for your interest in advertising with the Lakewood Ranch Moms Group, Inc. We currently have two options for advertising with our club. You can advertise by placing an ad in our Newsletter, or you can advertise by sponsoring an Event which includes an advertisement within our Newsletter.

Newsletter Advertising:

Our monthly newsletter is mailed and/or emailed to over 100 Moms Group members each month. We also provide complimentary copies to many businesses around Lakewood Ranch. In addition, a copy of the newsletter is provided to all new residents moving into Lakewood Ranch. We also post our newsletter on our LWR Mom's Group website, www.lwrmomsgroup.com. Below, you will find a list of available ad sizes, along with the price and dimension of each full color ad:

- Business card ad \$30.00/month 3.5" x 2.5"
- Quarter page ad \$50.00/month 3.75" x 4.875"
- Half page ad \$75.00/month 7.75" x 4.875"
- Full page ad \$100.00/month 7.75" x 9.75"
- (There is a 10% discount if you choose to pay for one year of advertising.)

Event Sponsorship:

The following Moms Group events are available for sponsorship: the Spring Fling, Summer Luau, Halloween Extravaganza, or Sunday with Santa. There are different levels of sponsorship available, and the details of each level are listed below. They are:

Platinum Sponsorship (\$600)

- Full page advertisement for 6 months in the monthly Lakewood Ranch Moms Group, Inc. newsletter (ad will print for 6 months after the event date). [\$600.00 value]*
- Opportunity to write one article for the newsletter
- Exposure at the event (table or banner, opportunity to raffle a door prize, crate an activity with your product for the children to do, etc.)
- Exposure at Meet & Greet or monthly meeting and/or mom's night out or kid's outing**

Gold Sponsorship (\$350)

- Half page advertisement for 4 months in the monthly Lakewood Ranch Moms Group, Inc. newsletter (ad will print for 4 months after the event date). [\$300.00 value]*
- Opportunity to write one article for the newsletter
- Exposure at the event (table or banner, opportunity to raffle a door prize, crate an activity with your product for the children to do, etc.)

Silver Sponsorship (\$150 minimum)

- Quarter page advertisement for 4 months in the monthly Lakewood Ranch Moms Group, Inc. newsletter (ad will print for 4 months after the event date). [\$200.00 value]*
- Opportunity to write one article for the newsletter

Bronze Sponsorship (\$75 minimum)

- Business Card advertisement for 3 months in the monthly Lakewood Ranch Moms Group, Inc. newsletter (ad will print for 3 months after the event date). [\$90.00 value]*
- Recognition as a Bronze Sponsor on all promotional pieces and registration materials for the event (both on website and our monthly newsletter).

All sponsorships include recognition as a sponsor on all promotional items including, but not limited to, the event's flyer and posts on our public and private Facebook pages.

*Packages can be adjusted to provide additional advertising and/or sizing upgrades.

**Platinum sponsorship includes opportunity to be a guest speaker at a member meet and greet or monthly meeting. Another option could be to provide a coupon or door prize to use at one of these events. In addition that opportunity or, in lieu of, your establishment could be utilized for a mom's night out or a kid's outing. For example, we can schedule a dinner for the moms at your restaurant or a special class for children at your gym.

To get the most out of your sponsorship, we recommend you begin discussing the details with our president at least two months prior to the event so your logo/name can be included on all of the advertisements when we begin getting the word out for the event.

We look forward to working with you! If you have any questions, or need any further information, please feel free to contact us:

Victoria Cobb, President: lwrmgpresident@yahoo.com
Kristen Raniere, Newsletter Editor: lwrmgnewsletter@yahoo.com