



# MOMMY'S TIME OUT

*Lakewood Ranch Mom's Group, Inc.*

*The official newsletter of the Lakewood Ranch Moms Group, written by, for,  
and about moms living in the Lakewood Ranch community.*



February 2014

## *Things to do in Lakewood Ranch and Around Town*

- **Classic Car Show:** Wednesday, February 5th at 5pm at Ed's Tavern on Main Street.
- **Music on Main:** Friday, February 7th from 6pm to 9pm. Main Street, Lakewood Ranch.
- **Valentine's Day Carriage Ride:** February 14th from 5pm to 9pm. Lakewood Ranch Main Street. FREE
- **Our Mom's Group have several clubs that you may join.** Please visit our facebook page for information about: Book Club and Running Buddies.
- **Polo Tailgating:** Sunday, February 9th from 10am to 3pm. Please visit our Facebook page for additional details.
- **Van Wezel Performing Arts Hall: Master of Illusion Live.** Sunday, February 16th @7pm. For more information on shows and times visit: <http://www.vanwezel.org/>
- **Storytime:** Fruitville Public Library. Thursday, February 13th from 10:30am to 11:00am. Infants to five year olds. FREE
- **Learn to Fish Seminar & Youth Fishing Tournament:** Friday, February 22nd at 8:30am to 12pm at Summerfield Lake. For more information visit: <http://www.lwrac.com/fishing-tournament/>, or view the flyer [here](#).
- **2nd Annual Festival:** Our Lady of the Angels Catholic Church is holding its 2nd Annual Festival on Fri, Feb 14th from 5-10pm; Sat, Feb 15th from 10am-10pm; and Sun, Feb 16th from 10am-6pm. The event features carnival games, midway, food, music and more. Admission and parking are free. Loc: Premier Sports Campus, 5895 Post Boulevard, LWR (across from the Lakewood Ranch PO just East of Lorraine Rd on SR 70 E).

## *2013-2014 Executive Board*

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Administrative Vice President	Victoria Cobb
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## *Join the Fun!*

Looking to be part of a fantastic group of Moms in Lakewood Ranch? Visit our website at [www.lwrmomsgroup.com](http://www.lwrmomsgroup.com) and start making friends and having fun!



*"No one ever outgrows the need for a mother's love."*





## A Message from Our President

Happy Valentine's Day Moms!

I hope everyone had a great January and a start to the New Year! I can't believe it's already February. The time is just flying by! As usual, we have a lot of fun things going on in the upcoming month.

The Moms Club calendar is filled with fun things to do with the kids. We have started going to the Polo matches and hope to see everyone join us. We usually have a few cars, lined up with tents, out in front full of great food and the kids have a blast playing and running around with each other. We also have the Book Club up and going and the books are picked out for the next few months. Make sure to check out our Facebook page for all the things that are happening in the group.

I would also like to say welcome to all the new members to the moms club. If you have any questions feel free to contact me anytime.

I hope everyone has a wonderful Valentine's Day and I look forward to seeing everyone at the upcoming events!

Cheers!  
Julie Ruffing



"Some people care too much...I think it's called love."

~Winnie the Pooh~

## Welcome

**A warm welcome to our newest members!**

Please be sure to visit our website and Facebook Page for lots of fun events!

If you are interested in joining the Lakewood Ranch Mom's group, visit our website at: **lwrmomsgroup.com** and complete the *Become a Member* form.

New members are always welcome!

## Little Ranchers Learning Center

Sarasota Baptist Church,  
Lakewood Ranch



Monday - Friday  
9am to noon

Trunk or Treat  
Thanksgiving Lunch  
Christmas Program  
Music Class  
Weekly Chapel  
And much more!!

**NOW ENROLLING FOR FALL AND SPRING!**

Call today to set up a tour!  
552-1304 or 400-1006

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Support

**Order Your LWR  
Moms Group Car Decals**



**Size: 3x2**

**Cost: \$8.00**

**To order contact Julie at:  
Grasshopper7707@yahoo.com**

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Last!*





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# HAPPY BIRTHDAY

**AQUARIUS.** Jan. 21- Feb. 19.  
(the water carrier.)  
IMPARTIAL. thoughtful.  
generous. FAIR.  
INDEPENDENT. selfless.  
interested in others. LOYAL FRIEND.  
STRONG-WILLED. open-minded.  
OBSERVANT. candid.  
inventive. IDEALISTIC.  
INDIVIDUALISTIC.  
Perfect in EVERY way.

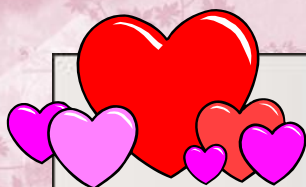
## February 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 <b>Polo Tailgating</b> 10am to 1pm; Sarasota Polo Club	3	4	5		Preschool <b>Picassos</b> 3pm -6pm, Summerfield Park	8
9 <b>Polo Tailgating</b> 10am to 1pm; Sarasota Polo Club	10	11	Kid's Outing, Mom's Lunch Out, Playaway Craft for V-day	13	<b>Happy Valentine's Day</b>	15
16 <b>Polo Tailgating</b> 10am to 1pm; Sarasota Polo Club	17	18	19 <b>Book Club</b> 7pm to 10pm Country Club East	20	21	22
23 <b>Polo Tailgating</b> 10am to 1pm; Sarasota Polo Club	24	25	26	27 Mom's Night Out! White Buffalo Saloon; 6:30pm to 9:30pm	28	<b>Growing-Up Sale</b> 8am to 10:30am Lakewood Ranch Baptist Church

View our online  
calendar for more  
information at:  
[lwrmomsgroup.com](http://lwrmomsgroup.com)

**For more information on events, please visit our Facebook page.**





# Prompt, Skilled **EMERGENCY SERVICES** Pediatrician **ON-DUTY 24/7**

The Emergency Department at Lakewood Ranch Medical Center offers prompt, comprehensive emergency treatment, 24 hours a day, 7 days a week. Our emergency medical team, including skilled ED physicians and nurses, is highly experienced in managing health emergencies in adults, children and older adults.

**The Emergency Department at Lakewood Ranch is here for your kids, with a pediatrician on duty 24/7.**

Our Pediatric Unit is here to reassure parents in our community that care is available when their children need overnight observation or extended treatment.

■ **For more information, call 941.782.2200.**

**The Emergency Department at**




## **Lakewood Ranch Medical Center**



**[www.lakewoodranchmedicalcenter.com](http://www.lakewoodranchmedicalcenter.com)**

8330 Lakewood Ranch Boulevard  
Bradenton, FL 34202  
941.782.2100

Follow us 

Physicians are on the medical staff of Lakewood Ranch Medical Center, but, with limited exceptions, are independent practitioners who are not employees or agents of Lakewood Ranch Medical Center. The hospital shall not be liable for actions or treatments provided by physicians.



"The heart of a mother is a deep abyss at the bottom of which you will always find forgiveness." - Honore' de Balzac



# Preschool Picassos



**Join the Fun!**  
View our calendar online at:  
[www.lwrmomsgroup.com](http://www.lwrmomsgroup.com)  
for dates and times.

**EXCLUSIVE!**

## PlayAway Fun

### Valentine's Day Craft

Wednesday, February 12th

5:30pm to 6:30pm

\$2.00 per child includes playtime and craft.  
Limited to 20 kids up to 6yrs of age. Please  
prepay your \$2.00 to Victoria Cobb by  
February 8th to reserve your spot.

Age Appropriate Art - Music - Gymnastics & Sports  
Call to schedule your free trial class today!

We offer classes for kids as young as 3 months up to 6 years old

[www.PlayAwayKids.com](http://www.PlayAwayKids.com)

10% off any class or party with this ad.  
Can't be combined with any other offer



# SCARY MOMMY MANIFESTO

• I shall maintain a sense of humor about all things motherhood, for without it, I recognize that I may end up institutionalized. Or, at the very least, completely miserable.

• I shall not judge the mother in the grocery store who, upon entering, hits the candy aisle and doles out M&Ms to her screaming toddler. It is simply a survival mechanism.

• I shall not compete with the mother who effortlessly bakes from scratch, purees her own baby food, or fashions breathtaking costumes from tissue paper. Motherhood is not a competition. The only ones who lose are the ones who race the fastest.

• I shall shoot the parents of the screaming newborn on the airplane looks of compassion rather than resentment. I am fortunate to be able to ditch the kid upon landing. They, however, are not.

• I shall not question the mother who is wearing the same yoga pants, flip-flops and t-shirt she wore to school pickup the day before. She has good reason.

• I shall never claim to know everything about any child but my own.  
(Who still remain a mystery to me.)

• I shall hold the new babies belonging to friends and family, so they may shower and nap, which is all any new mother really wants.

• I shall attempt to not pass down my own messed up body issues to my daughter. She deserves a mother who loves and respects herself; stretch marks, cellulite and all.

• I shall not preach the benefits of breast-feeding or circumcision or home schooling or organic food or co-sleeping or crying it out to a fellow mother who has not asked my opinion. It's none of my damn business.

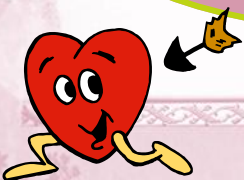
• I shall try my hardest to never say never, for I just may end up with a loud-mouthed, bikini clad, water gun shooting toddler of my very own.

• I shall remember that no mother is perfect and my children will thrive because, and sometimes even in spite, of me.

Have a cute saying that you would like to include in our next newsletter?

Send it to:

[LWRNewsletter@yahoo.com](mailto:LWRNewsletter@yahoo.com).







# River Landings Animal Clinic



~ For Every Stage of Your Pet's Life ~



**Dr. Ryan Fox**  
**Dr. Michael Bonda**

**941-755-4592**

6140 53rd Ave E.  
Bradenton, FL  
34203

[www.riverlandingsanimalclinic.com](http://www.riverlandingsanimalclinic.com)



## OFFICE HOURS

Monday - Friday  
7 a.m. - 6 p.m.

Saturday  
8 a.m. - noon

We pride ourselves in quality care, a clean and inviting facility and a warm and friendly staff. So that we may provide your pet with the very best in care, our office works by appointment.

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**Bathing  
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FACEBOOK

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~ We understand your pets are your family, that is why we treat them as if they were our own. ~



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AAC  
American  
Association of  
Orthodontists







*Work Smart Mompreneurs*

We would like to update our website and include our Mompreneurs in our newsletters. Please email Kristen Raniere at [lwrnewsletter@yahoo.com](mailto:lwrnewsletter@yahoo.com) to be included in the next newsletter. Please be sure to include your correct contact information.

Thank you Moms!

**Advertise  
with Us!**



Our moms are always looking for new service providers in our area. If you are interested in advertising with us in our newsletter, or on our website, please contact Julie Ruffing at:  
**[Grasshopper7707@yahoo.com](mailto:Grasshopper7707@yahoo.com).**

*All of our advertisers receive full color ads at no additional charge.*

## Valentine's Day

### Romantic Dinner for Two

*Filet Mignon with Shallot-Red Wine Sauce and Garlic Frites*

#### Ingredients:

##### Garlic Frites

- 1/4 bag(s) (28-ounce) frozen shoestring potatoes, (about 2 cups)
- 1 clove(s) garlic, crushed with garlic press
- 3/4 teaspoon(s) grated fresh lemon peel

##### Filet Mignon

- 2 teaspoon(s) margarine or butter
- 2 (1 inch thick, about 4 ounces each) beef tenderloin steaks, (filet mignon)
- 1/4 teaspoon(s) salt
- 1/8 teaspoon(s) ground black pepper
- 1 large shallot, finely chopped
- 1/2 cup(s) dry red wine
- 2 tablespoon(s) chopped fresh parsley

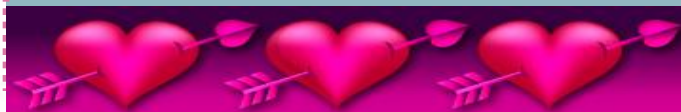
#### Directions

**Prepare Garlic Frites:** On large cookie sheet, toss potatoes with garlic and lemon peel and cook as label directs, stirring occasionally.

**Meanwhile, prepare Filet Mignon:** In nonstick 10-inch skillet, heat 1 teaspoon margarine over medium-high heat until melted and hot but not smoking. Add steaks; sprinkle with salt and pepper and cook 10 minutes for medium-rare or until of desired doneness, turning over once. Transfer steaks to 2 dinner plates.

To same skillet, add shallot and cook over medium-high heat 5 minutes or until tender and golden, stirring occasionally. Add wine and heat to boiling. Cook 1 minute, stirring. Remove from heat and stir in remaining margarine. Spoon sauce over steaks.

Transfer potatoes to plates with steaks; sprinkle with parsley.



# Happy Valentine's Day Moms!



# Save The Date

## Growing Up Sale

February 22nd  
from 8am to 10:30am  
at  
Lakewood Ranch Baptist Church

Think **YOU** can't afford a  
**HOUSE CLEANER?**

*Think  
Again!*

ONLY  
**\$49**  
For your first cleaning  
Lakewood Ranch  
**941-536-4525**  
Available weekly, every  
other week or monthly.

# Polo Fun!



**Patriotic Theme Week**



**FUN**



## **ADVERTISE WITH THE LAKEWOOD RANCH MOMS GROUP**

Below you will find a list of available ad sizes, along with the price and dimension of each ad They are:

- **Business card ad (full color) \$30.00/month 3.5" x 2.5"**
- **Quarter page ad (full color) \$50.00/month 3.75" x 4.875"**
- **Half page ad (full color) \$75.00/month 7.75" x 4.875"**
- **Full page ad (full color) \$100.00/month 7.75" x 9.75"**

(There is a 10% discount if you choose to pay for 1 year of advertising.)

***All of our advertisers receive full color ads at no additional charge.***

### **Event Sponsorship:**

The following Moms Group events are available for sponsorship: The Spring Fling, The Luau, The Halloween Extravaganza, or The Sunday with Santa. There are different levels of sponsorship available and the details of each level are listed below. They are:

#### **1. Platinum Sponsorship (\$600 minimum)**

- Half page advertisement for 6 months in the monthly Lakewood Ranch Moms Group, Inc. newsletter (ad will print for 6 months after the event date). [\$450.00 value]
- If the sponsor wishes to do so, they may write an article for the LWR Moms Group newsletter. The article must be family friendly. The LWR Moms Group reserves the right to not use any article which is deemed not so.
- Recognition as a Platinum Sponsor on all promotional pieces and registration materials for the event (both on website and our monthly newsletter).
- Sponsor may provide a table and/or a banner at the event for increased exposure! Sponsor is also provided the opportunity to raffle a door prize. All materials and door prizes must be suitable for viewing by children whom attend all of our events.

#### **2. Gold Sponsorship (\$350 minimum)**

- Quarter page advertisement for 3 months in the monthly Lakewood Ranch Moms Group, Inc. newsletter (ad will print for 3 months after the event date). [\$150.00 value]
- If the sponsor wishes to do so, they may write an article for the LWR Moms Group newsletter. The article must be family friendly. The LWR Moms Group reserves the right to not use any article which is deemed not so.
- Recognition as a Gold Sponsor on all promotional pieces and registration materials for the event (both on website and our monthly newsletter).
- Sponsor may provide a table and/or a banner at the event for increased exposure. Sponsor is also provided the opportunity to raffle a door prize. All materials and door prizes must be suitable for viewing by children whom attend all of our events.

#### **3. Silver Sponsorship (\$150 minimum)**

- Quarter page advertisement for 2 months in the monthly Lakewood Ranch Moms Group, Inc. newsletter (ad will print for 2 months after the event date). [\$100.00 value]
- Recognition as a Silver Sponsor on all promotional pieces and registration materials for the event (both on website and our monthly newsletter).

#### **4. Bronze Sponsorship (\$75 minimum)**

- Business Card advertisement for 2 months in the monthly Lakewood Ranch Moms Group, Inc. newsletter (ad will print for 2 months after the event date). [\$60.00 value]
- Recognition as a Bronze Sponsor on all promotional pieces and registration materials for the event (both on website and our monthly newsletter).

Payment arrangements and newsletter ad artwork should be submitted in .jpeg or .pdf file format to Julie Ruffing at grasshopper7707@yahoo.com. Please make sure to specify the size of the ad when you email payment and the ad artwork. Ad submissions are due by the 10th of the month prior to publication. For example, materials for an ad placed in the August newsletter must be received by July 10th.

We look forward to working with you! If you have any questions, or need any further information, please feel free to contact Julie Ruffing at (941) 807-4359 or grasshopper7707@yahoo.com or the Newsletter Editor, Kristen Raniere at lwrnewsletter@yahoo.com.





February 2014

### Looking for a Playgroup?

We are always happy to start new playgroups or help place you and your child in an existing group. For more information please contact Jenn Otterness at [jenn.otterness@gmail.com](mailto:jenn.otterness@gmail.com)



[WWW.LWRMOMSGROUP.COM](http://WWW.LWRMOMSGROUP.COM)

Lakewood Ranch  
Mom's Group Inc.  
8374 Market Street # 435  
Lakewood Ranch, FL 34202

